

The Vast and Varied World of Schizophrenia Ailment, Long Years of Struggle, Ardor and the Vision for the Future

Sukanchan Palit^{1*}

¹43, Judges Bagan, Post-Office- Haridevpur, Kolkata-700082, India

*Corresponding Author: Sukanchan Palit

43, Judges Bagan, Post-Office- Haridevpur, Kolkata-700082, India

Article History: | Received: 11.09.2023 | Accepted: 16.10.2023 | Published: 18.10.2023 |

Abstract: In today's scientific landscape, science, engineering, technology and medicine are today in the path of newer scientific rejuvenation. The science of psychology and psychiatry needs to be envisioned and reframed with the passage of global scientific history and time. The author is suffering from schizophrenia for the last 30 years since November, 1993. Long years of agony, trials and tribulations have passed since then. From 2012, the author has glaucoma in his both eyes. In this article, the author deeply elucidates the need of immense help from doctors and relatives in the futuristic vision of the huge domain of medical science. This article is targeted towards patients of the illness of schizophrenia and the need of immense medical help needed by them. Human civilization's immense scientific vision, ingenuity and forbearance are today in a state of disaster as regards treatment of schizophrenia. There are practically no treatment of schizophrenia today. This article deeply stresses on these medical science issues and the ardor of life.

Keywords: Schizophrenia, disease, illness, years, vision, pain, agony struggle.

Copyright © 2023 The Author(s): This is an open-access article distributed under the terms of the Creative Commons Attribution 4.0 International License (CC BY-NC 4.0) which permits unrestricted use, distribution, and reproduction in any medium for non-commercial use provided the original author and source are credited.

1.0 INTRODUCTION

Human society and human race today stands in the middle of deep scientific comprehension and introspection. In the similar vision, the science of psychiatry and psychology stands in the middle of vision and ingenuity. The author is suffering from schizophrenia for the last 30 years. He has glaucoma in his both eyes since 2012. Today there are needs of immense scientific advancements in the science of psychiatry and schizophrenia. Scientific provenance, deep scientific knowledge prowess and scientific divination are the utmost needs of the hour. The side effects of schizophrenic medicine are immense as the author battled with this ailment since 1993. Today is the world of Fourth Industrial Revolution and Fourth Internet Revolution. In many stages of his life, he has faced deprivation and agony from relatives and friends. There should always be a need of help in the treatment of schizophrenia ailment. Human civilization and medical science are moving from one frontier over another. There are today immense ardor and difficulties in the author's path of life. In this entire article, the author deeply pronounces the need of medical help and support in developed and developing nations across the world.

Science, technology, engineering and medicine today have a truncated vision as patients of schizophrenia walks forward in the futuristic avenues of life. This article deeply relates the progress of his ailment since November, 1993 and the vast trials and tribulations since then. Progress of the medical science of schizophrenia is absolutely slow today. The author stresses the need of scientific fortitude and scientific forbearance in the wide path of life.

2.0 The agony, the ardor, the mental health challenges in the avenues of life and sufferings due to schizophrenia:

The author has struggled a lot in life. He was a graduate and postgraduate in Chemical Engineering from a renowned university in Kolkata, India- Jadavpur University. Academic rigor was immense in his graduation and postgraduation days. He could not cope up with the curriculum of the university. From his first year in university, he was struggling like anything. Everything was falling down before him like the house of cards. He was in the midst of an anxiety prone illness. Today there are immense needs of scientific advancements in the field of the science of psychiatry

Citation: Sukanchan Palit (2023). The Vast and Varied World of Schizophrenia Ailment, Long Years of Struggle, Ardor and the Vision for the Future, *SAR J Psychiatry Neurosci*, 4(5), 22-24.

and psychology. When he passed out with postgraduate in chemical engineering from the hallowed portals of Jadavpur University, Kolkata, India, he was beset with anxiety, worries and uncertainties. There was also lack of chemical engineers in India at that period. Relatives and friends did not help him. He was struggling at that time finding a job. Life became absolutely disastrous to him. Today the science of psychiatry needs lot of scientific revelation, breakthroughs and re-envisioning. In the similar vision, medical science and the struggles of human scientific endeavor needs lot of revamping. Auditory hallucination devastated his life. He was beset with immense frustration. He got a chemical engineering job at New Delhi in April, 1994. Those initial years was full of confusion and agony within him. With retrospection, today he with deep vision, the author recounts those days of agony. He lost one job after another. He became totally helpless. Sound hearing and auditory hallucination were at its heights as he trudged in the difficult path of life. After COVID-19, in March, 2020, the author's health deteriorated and his medication increased. From 1997, he is on the drug Clozapine. Today after so many years of illness, he is still not settled in life. In July 2012, he got a teaching job in Chemical Engineering at a reputed university in North India. Everything was going as usual. Suddenly after August, 2020, the author's health immensely deteriorated and became disastrous. With immense introspection and determination, one can say the science of schizophrenia needs immense innovation as helpless patients trudge the difficult and rugged avenues of life [1-4].

3.0 Scientific ingenuity, scientific provenance and scientific prowess in the research pursuit in schizophrenia:

Scientific ingenuity, scientific provenance and knowledge prowess in the field of medical science needs immense and vast rejuvenation. The research pursuits in the field of schizophrenia needs vast and varied scientific ingenuity. From August, 2020 after COVID-19, the author fell into lots of trials and tribulations. Auditory hallucinations increased and worries and uncertainties regarding job and employment increased. He lost the Chemical Engineering teaching job in May, 2023. Today he is helpless and also hapless in life. In spite of his illness, he tried to keep his jobs but failed to do so. In today's scientific and technological landscape, there are immense needs of ingenuity, divination and revelation. There are practically no answers to the treatment of schizophrenia. Doctors, scientists and researchers across the globe are today struggling in vain for proper recovery and medication of mental health illness and bipolar disorder. Human civilization's immense scientific stance in the field of medical science are today in a state of immense catastrophe. Scientific providence, scientific benediction and the rendezvous of medical and health science will surely go a long and visionary way in unveiling the scientific truth and vision of treatment of schizophrenia [1-4].

4.0 The march and triumph of medical science, health science and the domain of mental disorder and the needs of psychiatry and psychotherapy to human life:

The march and scientific triumph of medical science and the science of psychiatry are in the process of newer scientific regeneration. The domain of medical science also stands in the middle of immense scientific ardour and difficulties. Man and mankind are also in the midst of immense scientific rejuvenation. For a schizophrenic patient, ardour and difficulties are immense in the futuristic vision of medical science and health science. Since November 1993, he travelled across difficult terrains in human life as a schizophrenic patient. Surely a newer domain in the field of science and technology will emerge if doctors and scientists across the world takes positive steps in the cure and recovery from schizophrenia. The author in this article deeply reiterates the need of psychotherapy in various stages of a schizophrenic patient's life. A deep scientific ingenuity in the field of mental health research is the utmost need of the hour. Schizophrenia is a serious mental health illness. Research endeavour and deep scientific pursuit and its provenance and its revelation will surely go a long and visionary avenue in unravelling the scientific truth and ingenuity in the field of the science of psychiatry [1-4].

5.0 The vast and varied scientific comprehension in the field of a schizophrenic patient's deep and unending struggles

Technology and science of the vast domain of medical science today are in the midst of deep scientific contemplation. Civilization, science and mankind are in the path of scientific forbearance and fortitude. Since 1993 the author is suffering from the difficult ailment of schizophrenia. Today there is no respite from his illness. At every moment of his life, he is beset with auditory hallucination. This symptom took a disastrous turn from August, 2020 when Covid-19 took place. Medical science and scientific vision has today no answers to the treatment of schizophrenia. There is an unbelievable agony within the author in every path of his life. The inner struggle is immense as he trudges the vast agonising path of life. Only the single purpose state of mind is pulling him from all the difficulties in life. Success of medical science and health science are truncated as regards treatment and recovery of schizophrenia. There is practically no medicines of schizophrenia. Today the only hope is the Clozapine medicine in different dosages. Surely a newer and remarkable era in science and medicine will emerge if science and vision moves towards proper direction [1-3].

6.0 The early years of mental health struggle and the needs of psychotherapy help:

The early years of the author's illness was absolutely disastrous as he treaded through the path of his life. In those initial years of his illness, there too much trials and tribulations in his life. Almighty never looked at him. Mental health struggle was immense as auditory

and visual hallucinations ravaged his life. Apart from Clozapine there is practically no medicines in the path of life of a schizophrenic patient. Auditory hallucination was absolutely unbearable as he tried to keep his job. In those early years, there was so much uncertainties and worries about keeping the job. He failed in the job again and again. He still inspite of the illness tried his best to keep his job and tread in the path of life. A newer dawn will surely emerge in the field of the science of psychiatry if there is support from relatives, friends and doctors.

7.0 Early years of author's illness of schizophrenia and the immense agony and challenges behind it:

Today science, technology, engineering and medicine stands in the middle of deep scientific comprehension and scientific ingenuity. The science of psychiatry today has practically no answers towards agony, trials and tribulations of a mentally ill patient. Human civilization's scientific stance and deep scientific understanding stands in the middle of a deep catastrophe. There are immense agony and ardour behind the success of the science of psychiatry and psychology. The author in this article stresses the immense needs of psychotherapy and medical help towards the treatment and cure of schizophrenia. The author also stresses the needs of mental help from relatives and friends in futuristic vision of the science of schizophrenia [1-4].

8.0 Futuristic vision and futuristic knowledge and scientific understanding in the scientific endeavour in the field of the science of schizophrenia:

The futuristic vision of the science of psychiatry and psychology needs to be re-envisioned and reframed with the passage of scientific history and time. Medical science needs to be targeted towards newer innovations and newer drug discovery. Apart from Clozapine, there are practically no medicines. Today is the dawn of a newer era in medical science as well as United Nations Sustainable Development Goals. Proper health care and public health engineering are part and parcel of global vision of United Nations Sustainable Development Goals. The author deeply elucidates and pronounces the need for psychotherapy and medical help in the holistic treatment and cure of schizophrenia and other mental disorders [1-4].

9.0 Future of medical science and the vast vision for the future:

Future of medical science and the vast vision for the future needs to be reorganized as regards the

scientific progress of the science of schizophrenia. The author has suffered a lot in his life. Civilization, man and mankind today stands in the middle of deep scientific contemplation and deep comprehension. Proper scientific advancements are part and parcel of Global Sustainable Development Goals. Vision, the medical help and forbearance are the needs of the hour in the research pursuit in the field of mental health science. From 1993, he was ravaged and depressed with the ailment of auditory hallucination. The vast vision for the future needs to be reframed as science and civilization crosses one frontier over another [1-4].

10.0 Conclusion, futuristic outlook and health science perspectives

Civilization and medical science are today standing in the middle of a deep crevice of scientific comprehension. Technological breakthrough and the rendezvous of medical science and health science are the utmost needs of the hour. Medical science has today no answers to the cure of schizophrenia. The author repeatedly reiterates and pronounces the needs of effective treatment and psychotherapy counseling in the futuristic vision of the science of psychiatry and psychology. A newer revolutionary era in the field of science and medicine will surely emerge and evolve if scientists, students and researchers in the field of psychology takes appropriate steps in discovering newer medicines and newer drug discovery. Surely a new epoch in the field of mental health illness will usher in which will help the hapless and vulnerable patients of schizophrenia. Also a newer eon in the field of bipolar disorder treatment will surely emerge if science, civilization, man and mankind moves in the right direction in cure and recovery of schizophrenia.

REFERENCES

- Palit, S. (2016). Schizophrenia and vision of my life, *Schizophrenia Bulletin*, 42(4), 867-869.
- Palit, S. (2023). The scientific vision and wisdom of the science of schizophrenia aliment and the visionary future, *Asian Journal of Applied Sciences*, 16, 33-37. DOI: 10.3923/ajaps.2023.33.37
- Tian, R. (2022). Three puzzles explainable with my experience, *Schizophrenia Bulletin*, 48, 6-7.
- Palit, S. (2023). The vast world of the science of schizophrenia, the immense trials and tribulations of life and the vast and visionary future, *SAR Journal of Psychiatry and Neuroscience*, 4(4), 18-21, DOI: 10.36346/sarjpn.2023.v04i04.001